

Slide 1

Family Involvement Learning Collaborative

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Orientation Objectives

- To understand the purpose of the Family Involvement Learning Collaborative (FILC)
- To examine current levels of family involvement in adolescent treatment
- To identify the optimal level of family involvement on a program/agency level
- To begin to develop and support a system of change

Focusing on how to increase family involvement NOT treatment techniques or practices

Illinois State Adolescent Coordination Initiative (IL-SAC Grant)

- To improve the capacity in the state of Illinois to provide substance abuse treatment for youth and their families that is:
 - Effective
 - Accessible
 - Culturally competent

This is being done through statewide coordination and enhancement of youth treatment services.

One obstacle has been the challenge of involving family members in treatment for whatever reasons.

IL-SAC grant wants to improve treatment outcomes of Illinois adolescents by helping to give providers what tools to better engage families.

Family Involvement Learning Collaborative (FILC)

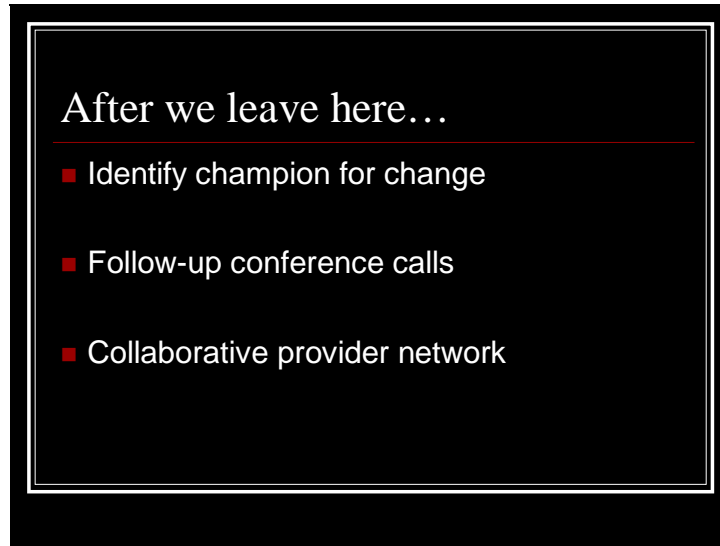
- Focus on effective and sustainable change
- Informed by data from listening sessions
- Collaborative dynamic
- 2-pronged focus:
 - Informing providers
 - Empowering providers to inform families

FILC Schedule – Day Two

- Early adolescent development
- Barriers for family involvement
- Resources for Recovery Management

FILC Schedule – Day Three

- Building peer networks for families
- Agency program implementation plan
- Confirmation of contact person for follow-up conference calls
- Schedule and agenda for conference calls



What happens after we leave here really depends on you

The goal is to stimulate and establish network of support to dialogue and problem solve with each other

This will involve some commitment of staff time, resources



What does family involvement look like?

Community outreach/engagement

Increase thriving and increase surviving through family activities

Parenting groups

Family commitment to change

Education

Coordinated therapies

Family therapy

Individual therapy for parents

Telephone calls

Transportation

In home services/informal location

Donations

Family contracts

Assessment treatment planning

Discharge planning

Follow up communication

Progress reports

Authorization for release of information

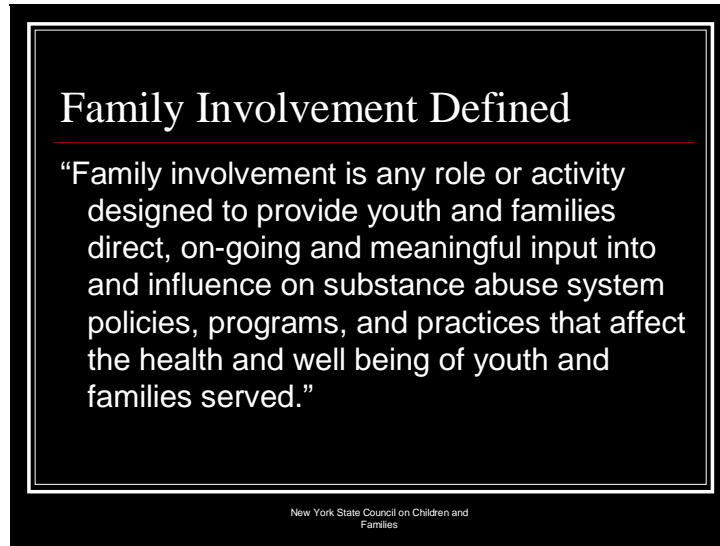
Supervision

The Role of Family

- Advocates
- Partners
- Supporters
- Evaluators

Impact of Family Involvement

- Family participation in residential treatment for adolescents results in greater post-discharge stability.
- Parental involvement reduces substance abuse among adolescents.
- Retention of adolescents in treatment services increases when family is involved.



We are in essence trying to shift the system of care and pass the baton.

Historically, treatment systems have been very provider driven, we want to strive for the goal of being more family driven.

This definition is idealistic and focuses on the ultimate goal.

What definition would you use that fits for the families that you work with at your agency?

What is your goal/standard for family involvement?

Shifting the Focus

- Provider – driven → Family – driven
- Deficit – oriented → Strengths – based
- Individual agency → Network/consortium

How are you currently
involving families in
treatment?

Families involved in intake

Therapy: inpatient/outpatient

Intensive outreach

1 family session per week (phone and face to face)

Home visits

Education (group)

Clarifying expectations therapy groups

Review groups

Spiritual groups

Telephone calls families involved in different tiers of treatment

Incentives

Hotline

Giving choices

Families Anonymous weekly

Invite friends/support

Community drop-in center

Partnering with families for school re-engagement

Financial/transportation assistance

Family/home passes

Crisis intervention (food, clothing, etc.)

Family fun day

Areas of Family Involvement

- Practice
- Program
- Policy

What are your goals for
family involvement in
FY09?

Educational groups

Parent participation in sessions

Increase in attendance in family groups

Increase stabilization for families

Families helping other families

Inter-agency/multi-program peer support/leisure

Focus on strengths, abilities, needs preferences

Bilingual/translations

Be more motivated

Alumni mentoring/support

Gift shop

Preparing families for return home

Recreational program

Treatment plans for families/caregivers

Hire family counselors

Follow up after discharge

Multi-family support groups

Finding evidence based family curriculum at affordable price

References

- Nickerson, A., Brooks, J., Colby, S., Rickert, J., Salamone, F. (2006). *Family Involvement in Residential Treatment: Staff, Parent, and Adolescent Perspectives*. *Journal of Child and Family Studies*. Vol 15(6) Dec 2006, 681.
- Smith, T.; Sells, S., Rodman, J. , Reynolds, L . *Reducing Adolescent Substance Abuse and Delinquency: Pilot Research of a Family-Oriented Psychoeducation Curriculum*. [*Journal of Child & Adolescent Substance Abuse*. Vol 15(4) 2006, 105-115.